ALL - U11 GIRLS $2 \times 300 \mathrm{M}$ REPS 2016 - APRIL TO JULY

| ALL - U11 GIRLS $2 \times 300 \mathrm{M}$ REPS 2016 - APRIL TO JULY |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| $\begin{aligned} & \stackrel{\rightharpoonup}{\mathbf{b}} \\ & \stackrel{\text { E}}{\mathbf{E}} \end{aligned}$ | Name (Attendance) | $\begin{aligned} & \stackrel{\circ}{6} \\ & \text { © } \end{aligned}$ | Personal BestMIN/MILE PACE |  | 10th May 2016 |  |  |  | 24 th May 2016 |  |  |  | 7 T June 2016 |  |  |  | 21 t June 2016 |  |  |  | 5th July 2016 |  |  |  | Time |  | MinMile |  | Time |  | MinMile |  | Time |  | MinMile |  | Time |  | MinMie |  |
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|  | Abbi James (20\%) | U13A |  |  | 2 | 26 | 6 | 31 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Millie Phipp (60\%) | U13A |  |  | 2 | 48 | 7 | 30 |  |  |  |  | 2 | 42 | 7 | 14 |  |  |  |  | 2 | 48 | 7 | 30 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Celia Darwent (70\%) | U13A |  |  | 2 | 42 | 7 | 14 | 2 | 36 | 6 | 58 | 2 | 30 | 6 | 42 |  |  |  |  | 2 | 32 | 6 | 47 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Darcey Thompson (80\%) | U13A |  |  | 2 | 40 | 7 | 9 | 2 | 41 | 7 | 11 | 2 | 31 | 6 | 45 | 2 | 50 | 7 | 35 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  | 2 | 39 | 7 | 6 |  |  |  |  | 2 | 42 | 7 | 14 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| м | Nell Ash (50\%) | U13A |  |  |  |  |  |  | 2 | 40 | 7 | 9 | 2 | 36 | 6 | 58 |  |  |  |  | 2 | 32 | 6 | 47 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Annie Tallis (30\%) |  | 6 | 15 |  |  |  |  | 2 | 13 | 5 | 56 | 2 | 7 | 5 | 40 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Lauren Farley (90\%) | U13A | 6 | 12 | 2 | 17 | 6 | 7 |  | DNF |  |  | 2 | 18 | 6 | 10 |  |  |  |  | 2 | 21 | 6 | 18 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Helena West ( $70 \%$ ) | U13A | 6 | 17 | 2 | 18 | 6 | 10 |  |  |  |  | 2 | 21 | 6 | 18 | 2 | 17 | 6 | 7 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Ella Davies (60\%) | U13A | 6 | 9 | 2 | 21 | 6 | 18 |  |  |  |  |  |  |  |  | 2 | 28 | 6 | 36 | 2 | 25 | 6 | 28 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Isobel Barnett (80\%) | U13A | 6 | 9 | 2 | 20 | 6 | 15 | 2 | 14 | 5 | 59 | 2 | 11 | 5 | 51 | 2 | 17 | 6 | 7 |  | DNF |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Elie Edgertoon (50\%) | U13A | 6 | 20 |  |  |  |  | 2 | 21 | 6 | 18 | 2 | 24 | 6 | 26 | 2 | 27 | 6 | 34 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Freya Gillert ( $70 \%$ ) | U13A |  |  | 2 | 49 | 7 | 33 | 2 | 44 | 7 | 19 |  |  |  |  | 2 | 39 | 7 | 6 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| T | Leah Baldwin (40\%) | U13A |  |  |  |  |  |  |  |  |  |  |  | DNF |  |  |  | DNF |  |  |  | DNF |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| DNF = DID NOT FINISH OR DID NOT RUN FULL DISTANCE |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


| $\begin{aligned} & \stackrel{\rightharpoonup}{0} \\ & \stackrel{0}{6} \\ & \stackrel{0}{2} \end{aligned}$ |  | $\begin{aligned} & \text { O} \\ & \stackrel{0}{8} \\ & \stackrel{8}{4} \end{aligned}$ |  |  |  |  |  |  |  |  |  |  | 11 BO | OYS 2 | $2 \times 30$ | 浐 | EPS | 2016 | - AP | RIL | , |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | Name (Attendance) |  | Personal BestMINMLE PACE |  | 10th May 2016 |  |  |  | 24th May 2016 |  |  |  | 7th June 2016 |  |  |  | 21st June 2016 |  |  |  | 5th July 2016 |  |  |  |   <br> Av Rep Time Min/Mile |  |  |  | Av Rep Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  |
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| m | Joseph Davidson (60\%) | U13A |  |  | 2 | 4 | 5 | 32 |  |  |  |  | 2 | 2 | 5 | 27 |  |  |  |  | 2 | 7 | 5 | 40 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Chris Hunt (80\%) | U13A |  |  | 2 | 16 | 6 | 4 | 2 | 15 | 6 | 2 | 2 | 12 | 5 | 54 | 2 | 15 | 6 | 2 | 2 | 13 | 5 | 56 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| m | Joe Tilley-Loughrey (40\%) | U13A |  |  | 2 | 17 | 6 | 7 | 2 | 13 | 5 | 56 |  |  |  |  | 2 | 11 | 5 | 51 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Will Tallis (40\%) | U13A |  |  |  |  |  |  | 2 | 19 | 6 | 12 | 2 | 14 | 5 | 59 | 2 | 18 | 6 | 10 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Alfie Griffin (80\%) | U13A |  |  | 2 | 21 | 6 | 18 |  |  |  |  | 2 | 11 | 5 | 51 | 2 | 13 | 5 | 56 | 2 | 12 | 5 | 54 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Charlie Phipp (50\%) | U13A |  |  | 2 | 16 | 6 | 4 |  |  |  |  | 2 | 13 | 5 | 56 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| m | George Farley (70\%) | U13A |  |  | 2 | 31 | 6 | 45 | 2 | 28 | 6 | 36 | 2 | 21 | 6 | 18 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Kan Ikeda (90\%) | U13A | 5 | 26 | 1 | 58 | 5 | 16 | 1 | 56 | 5 | 11 | 1 | 58 | 5 | 16 | 2 | 0 | 5 | 21 | 1 | 59 | 5 | 19 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| M | Connor McGuinness-Dean (90\%) | U13A | 6 | 25 | 2 | 15 | 6 | 2 | 2 | 11 | 5 | 51 | 2 | 12 | 5 | 54 | 2 | 12 | 5 | 54 | 2 | 15 | 6 | 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Christian Glauber (20\%) | U13A | 6 | 9 |  |  |  |  | 2 | 10 | 5 | 48 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Harvey Sawyer (70\%) | U13A |  |  |  |  |  |  | 2 | 3 | 5 | 29 | 2 | 4 | 5 | 32 | 2 | 14 | 5 | 59 | 2 | 3 | 5 | 29 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Arthur Bowen (50\%) | U13A |  |  | 2 | 44 | 7 | 19 | 2 | 32 | 6 | 47 |  |  |  |  |  |  |  |  | 2 | 44 | 7 | 19 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| M | Barney Hall (10\%) | U13A |  |  |  |  |  |  |  |  |  |  | 2 | 18 | 6 | 10 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| DNF = DID NOT FINISH OR DID NOT RUN FULL DISTANCE |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


| ALL - U13+ GIRLS $2 \times 600 \mathrm{M}$ REPS 2016 - APRIL TO JULY |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| $\begin{aligned} & \stackrel{\grave{\circ}}{\circ} \\ & \stackrel{\text { En }}{\Sigma} \end{aligned}$ | Name (Attendance) | $\begin{aligned} & \text { O} \\ & \stackrel{\rightharpoonup}{4} \end{aligned}$ | Personal Best |  | 10th May 2016 |  |  |  | 24th May 2016 |  |  |  | 7th June 2016 |  |  |  | 21st June 2016 |  |  |  | 5th July 2016 |  |  |  | Av Rep Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  | ${ }^{\text {av Rep Time }}$ |  | Min/Mile |  |
|  |  |  | MINMILE PACE |  | Av Lap Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| m | Emily Field (90\%) | U15A | 5 | 51 | 2 | 10 | 5 | 48 | 2 | 1 | 5 | 24 | 2 | 0 | 5 | 21 | 1 | 59 | 5 | 19 | 1 | 58 | 5 | 16 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Isabel Kiey-Thomas (80\%) | U15A | 5 | 45 | 2 | 10 | 5 | 48 |  |  |  |  | 2 | 3 | 5 | 29 |  |  |  |  | 2 | 5 | 5 | 35 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  | 2 | 20 | 6 | 15 |  |  |  |  |  | DNF |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Freya Ramsey (80\%) | U15A |  |  | 2 | 19 | 6 | 12 | 2 | 14 | 5 | 59 | 2 | 15 | 6 | 2 | 2 | 18 | 6 | 10 | 2 | 17 | 6 | 7 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Eleanor Gilbert (60\%) | U15A |  |  |  | DNF |  |  |  | DNF |  |  |  |  |  |  | 2 | 49 | 7 | 33 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Madeleine Hall (70\%) | U15A |  |  | 2 | 43 | 7 | 17 | 2 | 52 | 7 | 41 | 2 | 34 | 6 | 53 | 2 | 37 | 7 | 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Nina Terroba-Taylor (50\%) | U15A |  |  | 2 | 41 | 7 | 11 | 2 | 32 | 6 | 47 |  |  |  |  | 2 | 37 | 7 | 1 | 2 | 44 | 7 | 19 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Emily Williams (90\%) | U15A |  |  | 2 | 43 | 7 | 17 | 2 | 46 | 7 | 25 | 2 | 28 | 6 | 36 | 2 | 20 | 6 | 15 | 2 | 25 | 6 | 28 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| m | Koumi lkeda (50\%) | U17A | 5 | 45 | 2 | 9 | 5 | 46 | 2 | 3 | 5 | 29 | 2 | 7 | 5 | 40 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Charlotte Foster (100\%) | U17A | 5 | 51 | 2 | 12 | 5 | 54 | 2 | 7 | 5 | 40 | 2 | 6 | 5 | 37 | 2 | 13 | 5 | 56 | 2 | 15 | 6 | 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Gabby Jones (70\%) | U17A | 5 | 35 | 2 | 13 | 5 | 56 | 2 | 3 | 5 | 29 |  |  |  |  | 2 | 14 | 5 | 59 | 2 | 10 | 5 | 48 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| m | Carla Terroba-Taylor (50\%) | U17A |  |  | 2 | 40 | 7 | 9 |  |  |  |  |  |  |  |  | 2 | 32 | 6 | 47 | 2 | 30 | 6 | 42 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| ALL - U13+ BOYS $2 \times 600 \mathrm{M}$ REPS 2016 - APRIL TO JULY |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | Name (Attendance) | $\begin{aligned} & \text { O} \\ & \stackrel{0}{8} \\ & \stackrel{8}{8} \end{aligned}$ | Personal Best <br> MINMLLE PACE |  | 10th May 2016 |  |  |  | 24th May 2016 |  |  |  | 7th June 2016 |  |  |  | 21st June 2016 |  |  |  | 5th July 2016 |  |  |  | Av Rep Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  |
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| м | Dylan Williams (20\%) | U15A | 5 | 21 |  |  |  |  |  |  |  |  | 1 | 55 | 5 | 8 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| м | Thomas Hughes (40\%) | U15A |  |  | 2 | 15 | 6 | 2 | 2 | 11 | 5 | 51 | 2 | 10 | 5 | 48 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Toby Phipp (80\%) | U15A |  |  | 2 | 43 | 7 | 17 | 2 | 43 | 7 | 17 | 2 | 38 | 7 | 3 |  |  |  |  | 2 | 41 | 7 | 11 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Matthew Woods (100\%) | U15A |  |  | 2 | 59 | 8 | 0 | 3 | 7 | 8 | 21 | 3 | 19 | 8 | 53 | 3 | 16 | 8 | 45 | 3 | 21 | 8 | 59 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| м | Alex Theo (50\%) | U15A |  |  | 2 | 17 | 6 | 7 |  |  |  |  |  |  |  |  | 2 | 16 | 6 | 4 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| m | Robbie Hughes (80\%) | U17A |  |  | 2 | 4 | 5 | 32 | 1 | 55 | 5 | 8 |  |  |  |  | 1 | 58 | 5 | 16 | 1 | 55 | 5 | 8 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Tom Birch (40\%) | U17A | 5 | 24 | 1 | 54 | 5 | 5 | 2 | 3 | 5 | 29 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| DNF = DID NOT FINISH OR DID NOT RUN FULL DISTANCE |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

