| U11 GIRLS SHORT SUMMER TIMETRIAL (JULY TO SEPTEMBER) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| $\stackrel{\rightharpoonup}{\mathbf{o}}$ <br> $\stackrel{\rightharpoonup}{E}$ <br> $\stackrel{\rightharpoonup}{\omega}$ | Name (Attendance) | $\begin{aligned} & \circ \\ & \stackrel{\circ}{0} \\ & \stackrel{\circ}{8} \end{aligned}$ | Personal Best |  | 19th July 2016 |  |  |  | 2nd August 2016 |  |  |  | 23rd August 2016 |  |  |  | 6th September 2016 |  |  |  | 27th September 2016 |  |  |  | Time |  | Min/Mile |  | Time |  | Min/Mile |  | Time |  | Min/Mile |  | Time |  |  |  |
|  |  |  | MINMILE PACE |  | Time |  | Min/Mile |  | Time |  | Min/Mile |  | Time |  | Min/Mile |  | Time |  | Min/Mile |  | Time |  | Min/Mile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Tins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Min/Mile  <br> Mins Secs |  |
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| m | Annabella Williams (80\%) | U11A | 7 | 4 | 5 | 42 | 7 | 16 |  |  |  |  |  |  |  |  | 5 | 24 | 6 | 53 | 5 | 35 | 7 | 7 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Maria Watkins (70\%) | U11A | 7 | 27 |  |  |  |  | 5 | 17 | 6 | 44 |  |  |  |  | 5 | 17 | 6 | 44 | 5 | 19 | 6 | 47 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Abigail Barnett (40\%) | U11A | 7 | 20 |  |  |  |  |  |  |  |  |  |  |  |  | 5 | 36 | 7 | 8 | 5 | 52 | 7 | 29 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Isabel Dennett (50\%) | U11A | 7 | 31 |  |  |  |  | 6 | 28 | 8 | 15 |  |  |  |  | 5 | 43 | 7 | 17 | 5 | 38 | 7 | 11 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| M | Maite Capper (60\%) | U11A | 7 | 59 |  |  |  |  | 6 | 13 | 7 | 56 |  |  |  |  | 6 | 4 | 7 | 44 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Sophie Finley (40\%) |  |  |  | 7 | 33 | 9 | 38 |  |  |  |  |  |  |  |  | 6 | 33 | 8 | 21 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Felicity Brown (40\%) | U11A |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 6 | 6 | 7 | 47 | 6 | 6 | 7 | 47 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| T | Freya Hacklin (60\%) | U11A |  |  |  |  |  |  | 8 | 8 | 10 | 22 | 6 | 49 | 8 | 41 | 6 | 48 | 8 | 40 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| T | Maggie Baldwin (10\%) | U11A |  |  |  |  |  |  | 7 | 9 | 9 | 7 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| T | Lily Langsbury (70\%) | U11A |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 7 | 14 | 9 | 13 | 6 | 57 | 8 | 52 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| T | Ella Gray (40\%) | U11A |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 5 | 50 | 7 | 26 | 5 | 41 | 7 | 15 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| T | Olivia McMorris (30\%) | U11A |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 6 | 9 | 7 | 50 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| APPROX 1260M ( 1 SMALL LAP) |  |  |  |  |  |  |  |  |  |  |  |  |  |  | DNF = DID NOT FIIISH OR DID NOT RUN FULL DISTANCE |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

U11 BOYS SHORT SUMMER TIMETRIAL (JULY TO SEPTEMBER)


| U13+ GIRLS SHORT SUMMER TIMETRIAL (JULY TO SEPTEMBER) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| $\begin{aligned} & \stackrel{\rightharpoonup}{\mathbf{o}} \\ & \stackrel{6}{\underline{\Sigma}} \end{aligned}$ | Name (Attendance) | $\begin{aligned} & \text { O} \\ & \stackrel{8}{8} \end{aligned}$ | Personal Best |  | 19th July 2016 |  |  |  | 2nd August 2016 |  |  |  | 23 rd August 2016 |  |  |  | 6th September 2016 |  |  |  | 27th September 2016 |  |  |  | $\qquad$ |  |  |  | Av Rep Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  |
|  |  |  | MINMLLE PACE |  | Av Lap Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  | $\mathrm{Av}^{\text {dep Time }}$ |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins |  | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs |
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| M | Millie Phipp (20\%) | U13A | 8 | 21 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 9 | 14 | 8 | 41 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Celia Darwent (70\%) | U13A | 8 | 14 |  |  |  |  | 8 | 43 | 8 | 12 |  |  |  |  |  | DNF |  |  | 8 | 50 | 8 | 19 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Darcey Thompson (40\%) | U13B |  |  |  |  |  |  |  |  |  |  | 9 | 15 | 8 | 42 | 9 | 32 | 8 | 58 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Nell Ash (10\%) | U13A | 8 | 21 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Annie Tallis (0\%) | U13A | 7 | 25 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Lauren Farley (60\%) | U13A | 6 | 52 |  |  |  |  |  |  |  |  | 8 | 15 | 7 | 46 | 7 | 33 | 7 | 6 | 7 | 21 | 6 | 55 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Helena West ( $50 \%$ ) | U13A | 7 | 1 |  |  |  |  |  |  |  |  |  |  |  |  | 7 | 53 | 7 | 25 | 7 | 45 | 7 | 18 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Ella Davies (60\%) | U13A | 7 | 8 |  |  |  |  |  |  |  |  |  |  |  |  | 7 | 54 | 7 | 26 | 7 | 57 | 7 | 29 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Isobel Barnett (50\%) | U13A | 7 | 10 |  |  |  |  | 8 | 8 | 7 | 39 |  |  |  |  | 7 | 49 | 7 | 21 | 7 | 40 | 7 | 13 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Ellie Edgerton (0\%) | U13A | 7 | 18 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Freya Gilbert (20\%) | U13A | 8 | 29 |  |  |  |  |  |  |  |  |  |  |  |  | 9 | 32 | 8 | 58 | 9 | 6 | 8 | 34 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Leah Baldwin (50\%) | U13B |  |  |  |  |  |  |  | DNF |  |  |  |  |  |  | 6 | 17 | 8 | 1 | 8 | 37 | 10 | 59 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| M | Emily Field (90\%) | U15A | 6 | 36 |  | DNF |  |  |  |  |  |  | 13 | 43 | 6 | 42 | 13 | 57 | 6 | 49 | 13 | 46 | 6 | 44 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Isabel Kiey-Thomas (50\%) | U15A | 6 | 52 |  | DNF |  |  | 15 | 27 | 7 | 33 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Freya Ramsey (30\%) | U15A | 8 | 21 |  |  |  |  | 18 | 9 | 8 | 53 |  |  |  |  | 17 | 26 | 8 | 31 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Eleanor Gilbert (20\%) | U15B |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 10 | 20 | 9 | 44 | 10 | 56 | 10 | 18 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Madeleine Hall (60\%) | U15A |  |  |  |  |  |  |  |  |  |  | 22 | 13 | 10 | 52 | 23 | 7 | 11 | 18 | 20 | 20 | 9 | 57 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Nina Terroba-Taylor (40\%) | U15B |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 11 | 17 | 10 | 37 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Emily Williams (70\%) | U15A |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 18 | 32 | 9 | 4 | 17 | 58 | 8 | 47 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| T | Daisy Keen (40\%) | U15B |  |  |  |  |  |  |  |  |  |  | 6 | 9 | 7 | 50 | 6 | 3 | 7 | 43 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| M | Koumi lkeda ( $40 \%$ ) | U17A | 7 | 8 |  |  |  |  | 15 | 48 | 7 | 44 | 15 | 41 | 7 | 40 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Charlote Foster (40\%) | U17A | 7 | 11 |  |  |  |  |  |  |  |  | 15 | 2 | 7 | 21 | 15 | 13 | 7 | 26 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Gabby Jones (50\%) | U17A | 7 | 23 | 15 | 49 | 7 | 44 |  |  |  |  |  |  |  |  | 15 | 17 | 7 | 28 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| M | Carla Terroba-Taylor (30\%) | U17A |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 18 | 9 | 8 | 53 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  |  | 3B/U17C | U15C | APPROX | 260M | (1 SM | ALL L | AP) | U13A | U15B | /U17B | = APP | ROX 1 | 1708M | (1 FUL | Lap | ) | 15AU1 | $7 \mathrm{~A}=\mathrm{A}$ | APPRO | $\times 3288$ | 8 M (2 | LAPS) | DNF | = DID | NOT F | INISH | OR | DID | NOT RU | UN FUL | LL DIS | TANCE |  |  |  |  |  |  |  |


| U13+ BOYS SHORT SUMMER TIMETRIAL (JULY TO SEPTEMBER) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| $\begin{aligned} & \stackrel{亠}{0} \\ & \stackrel{\rightharpoonup}{\omega} \\ & \stackrel{\omega}{\omega} \end{aligned}$ | Name (Attendance) | $\begin{aligned} & \text { O} \\ & 0 \\ & \stackrel{8}{8} \end{aligned}$ | Personal Best <br> MIN/MILE PACE |  | 19th July 2016 |  |  |  | 2nd August 2016 |  |  |  | 23rd August 2016 |  |  |  | 6th September 2016 |  |  |  | 27th September 2016 |  |  |  | $\qquad$ |  |  |  | Av Rep Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  |
|  |  |  |  |  | Av Lap Time |  | MinMMile |  | Av Rep Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  | Av Rep Time |  | Min/Mile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins Secs |  | Mins | Secs | Mins Secs |  | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs | Mins | Secs |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| M | Joseph Davidson (20\%) | U13A | 6 | 36 |  |  |  |  |  |  |  |  |  |  |  |  | 7 | 2 | 6 | 37 | 6 | 59 | 6 | 34 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Chris Hunt (80\%) | U13A | 6 | 53 | 8 | 1 | 7 | 33 | 7 | 46 | 7 | 19 |  |  |  |  | 7 | 14 | 6 | 48 | 7 | 37 | 7 | 10 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Joe Tilley-Loughrey (50\%) | U13A | 7 | 4 | 7 | 15 | 6 | 49 |  |  |  |  |  |  |  |  | 7 | 5 | 6 | 40 | 7 | 22 | 6 | 56 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Will Tallis (0\%) | U13A | 7 | 9 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Alfie Griffin (0\%) | U13A | 6 | 43 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Charlie Phipp (40\%) | U13A | 7 | 11 |  |  |  |  |  |  |  |  |  |  |  |  | 7 | 26 | 7 | 0 | 7 | 40 | 7 | 13 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | George Farley (0\%) | U13A | 7 | 19 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Kan Ikeda (90\%) | U13A | 6 | 17 | 7 | 0 | 6 | 35 | 6 | 39 | 6 | 15 | 6 | 30 | 6 | 7 | 6 | 32 | 6 | 9 | 6 | 32 | 6 | 9 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Connor McGuinness-Dean (40\%) | U13A | 6 | 57 |  |  |  |  |  |  |  |  |  |  |  |  | 7 | 12 | 6 | 47 | 7 | 16 | 6 | 50 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| M | Arthur Bowen (50\%) | U13A | 7 | 46 |  |  |  |  |  |  |  |  | 8 | 52 | 8 | 21 | 8 | 14 | 7 | 45 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Barney Hall (10\%) | U13A | 6 | 46 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 7 | 5 | 6 | 40 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| T | Finn McNiffe ( $70 \%$ ) | U13A |  |  | 8 | 18 | 7 | 49 | 8 | 28 | 7 | 58 |  |  |  |  | 8 | 13 | 7 | 44 | 7 | 55 | 7 | 27 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| T | Thomas Mather (80\%) | U13A |  |  |  |  |  |  | 8 | 30 | 8 | 0 |  |  |  |  | 8 | 38 | 8 | 8 | 8 | 26 | 7 | 56 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Jago Tarrant (30\%) | U13A | 6 | 43 |  |  |  |  |  |  |  |  |  |  |  |  | 7 | 43 | 7 | 16 | 8 | 55 | 8 | 24 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | Noah Williams (40\%) | U138 |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 8 | 40 | 8 | 9 | 7 | 15 | 9 | 15 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| M | Louis Mutsaars (20\%) | U13A | 6 | 23 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 6 | 50 | 6 | 26 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| T | Jake Astor ( $30 \%$ ) | U15A |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 13 | 45 | 6 | 43 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| m | Harvey Sawyer (40\%) | U15A |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 15 | 33 | 7 | 36 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Thomas Hughes (0\%) | U15A |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Toby Phipp (40\%) | U15B |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 9 | 31 | 8 | 58 | 10 | 5 | 9 | 30 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Matthew Woods (50\%) | U15C |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 10 | 46 | 13 | 44 | 10 | 58 | 13 | 59 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| M | Alex Theo (10\%) | U15A |  |  | 20 | 42 | 10 | 7 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| M | Robbie Hughes (60\%) | U17A | 7 | 9 |  |  |  |  |  |  |  |  | 14 | 57 | 7 | 19 | 14 | 50 | 7 | 15 | 13 | 54 | 6 | 48 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| m | Tom Birch (30\%) | U17A | 7 | 9 |  | DNF |  |  |  |  |  |  |  | DNF |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  |  | 3B/U17 | U15C | APPROX | 1260M | $(1)$ | ALL L | AP) | U13 | UU15B | /U17B | = AP | ROX | 1708M | (1 FUL | LL LAP | P) | 15AU1 | $7 \mathrm{~A}=\mathrm{A}$ | APPRO | X 3288 | 8M ${ }^{2}$ | LAPS) | DNF | = DID | NOT | INISH | OR | DID | OT RU | UN FUL | L DIS | tance |  |  |  |  |  |  |  |

