



BOURTON ROADRUNNERS

Club Runs and Effort Sessions - April 2026

All maps are available on the BRR website

[The schedule is also on the BRR events calendar \(you need a Google account to use the calendar\).](#)

Subject to change - Any last minute amendments will be posted on BRR Announcements

Date	Time	Meet point	Session	Route/Session Description
Wed 1 Apr	9am	Bourton FC	Run	Meet at the football club for a relaxed 4-5 mile social run - What3Words ///dozens.pyramid.respect
Thurs 2 Apr	6pm	Leisure Centre	Short Run	BC25K Route 1 Multi Terrain - CLOCKWISE - A 30 min easy paced run
	6.45pm	Leisure Centre	Intermediate Run	Route 44 Multi Terrain - 5.3 miles - Clapton (Marshmouth and Monarchs Way)
Fri 3 Apr	9am	Maugersbury	Efforts	CANCELLED
Tues 7 Apr	6pm	Leisure Centre	Short Run	BC25K Route 2 Multi Terrain - CLOCKWISE - A 30 min easy paced run
	6.45pm	Leisure Centre	Efforts	Graham - Meet at the Leisure Centre to run out to the bottom of Kings Well, Lower Slaughter for Hills (Tempo/Sprints)
Wed 8 Apr	9am	Stow GL54 1EA	Run	Different Start Point - Meet host, Claire Carroll, in Stow on the Wold GL54 1EA for a relaxed 4-5 mile social run
Thurs 9 Apr	6pm	Leisure Centre	Short Run	BC25K Route 3 Multi Terrain - CLOCKWISE - A 30 min easy paced run
	6.45pm	Leisure Centre	Long Run	Route 49 Multi Terrain - 6.7 miles - L/Slaughter, Hyde Mill, Wyck Rissy There is a section between the Fosseyway crossing and Wyck Rissy where the Footpath has been diverted so map not accurate. Therefore please FP signs towards Wyck
Fri 10 Apr	9am	Maugersbury	Efforts	Tom - Meet in Maugersbury for a fully inclusive 60 min session with warm-up, drills, stretches & cool down. A combination of short hill sprints, longer hill reps, fartlek & reps of up to 1km, although not all in the same session!
Tues 14 Apr	6pm	Leisure Centre	Short Run	BC25K Route 4 Multi Terrain - CLOCKWISE - A 30 min easy paced run
	6.45pm	Leisure Centre	Efforts	Claire - Meet at the Leisure Centre to run out to Lamberts Field and Rye Close for Pyramids - 400m laps (1,2,3,2,1) 1 min recovery
Wed 15 Apr	9am	Bourton FC	Run	Meet at the football club for a relaxed 4-5 mile social run - What3Words ///dozens.pyramid.respect
Thurs 16 Apr	6pm	Leisure Centre	Short Run	BC25K Route 1 Multi Terrain - ANTICLOCKWISE - A 30 min easy paced run
	6.45pm	Leisure Centre	Long Run	Route 52 Multi Terrain - 6.1 miles - The Slaughters & Eye Valley.
Fri 17 Apr	9am	Maugersbury	Efforts	Tom - Meet in Maugersbury for a fully inclusive 60 min session with warm-up, drills, stretches & cool down. A combination of short hill sprints, longer hill reps, fartlek & reps of up to 1km, although not all in the same session!
Tues 21 Apr	6pm	Leisure Centre	Short Run	BC25K Route 2 Multi Terrain - ANTICLOCKWISE - A 30 min easy paced run
	6.45pm	Leisure Centre	Efforts	Graham - Meet at the Leisure Centre to run out to the Industrial Estate for 9x 2 min sprints
Wed 22 Apr	9am	Bourton FC	Run	Meet at the football club for a relaxed 4-5 mile social run - What3Words ///dozens.pyramid.respect
Thurs 23 Apr	6pm	Leisure Centre	Short Run	BC25K Route 3 Multi Terrain - ANTICLOCKWISE - A 30 min easy paced run
	6.45pm	Leisure Centre	Long Run	Route 53 Multi Terrain - 7.5 miles - Wardens Way, Buckle Street, Slaughters
Fri 24 Apr	9am	Maugersbury	Efforts	Tom - Meet in Maugersbury for a fully inclusive 60 min session with warm-up, drills, stretches & cool down. A combination of short hill sprints, longer hill reps, fartlek & reps of up to 1km, although not all in the same session!
Tues 28 Apr	6pm	Leisure Centre	Short Run	BC25K Route 4 Multi Terrain - ANTICLOCKWISE - A 30 min easy paced run
	6.45pm	Leisure Centre	Efforts	Margaret - Meet at the Leisure Centre to run out to the Screwfix circuit for 4/5x 950m laps, reducing heart rate before each rep
Wed 29 Apr	9am	Bourton FC	Run	Meet at the football club for a relaxed 4-5 mile social run - What3Words ///dozens.pyramid.respect
Thurs 30 Apr	6pm	Leisure Centre	Short Run	BC25K Route 1 Multi Terrain - CLOCKWISE - A 30 min easy paced run
	6.45pm	Leisure Centre	Long Run	Route 55 Multi Terrain - 7 miles - Windrush Way, Penny Lane, Slaughters.